

International Stuttering Awareness Day (ISAD) is approaching on October 22! We have a tangible way of raising awareness about stuttering by being involved in the Shout Out for Stuttering 5K Run/Walk on **Sunday October 20 at 2:00 p.m.** on the West Campus in Lawrence. Temperatures should be in the 60s by then, so nice running/walking weather!

This is not a KU- or SPLH-sponsored event, however, we will be joining hundreds of others across the U.S. who will be running/walking at their respective locations that same weekend. For questions, please contact Ana Paula Mummy at anapaula_mummy@ku.edu. To register, go to <https://www.eventbrite.com/e/4th-annual-shout-out-for-stuttering-virtual-5k-runwalk-registration-64616412429>. Attached is the Shout Out for Stuttering flyer as well as the location and route where we'll run/walk the 5K (3 miles). The official stuttering awareness ribbon color is sea green, so let's wear GREEN!